SPORTING INFLUENCE
Improving Social Skills Through Sport

SI SCHOOLS

PE With Mr Whitford

This term all of the children have been fantastic in their PE lessons where they have covered a range of sports and activities.

Class 1 have been so determined in their lessons:

- Ball Skills - children played a number of fun games to develop their throwing, catching, balance, coordination and moving with a ball.
- Dance - children used their imagination to move like a dinosaur, linking actions together to create a short dance.

Class 2 children have developed their control in dance and Net/Wall games.

- Dance - children have also focused on a dinosaur dance but have worked in small groups to explore and create their own movements working in counts of 8.
- Net/Wall - we explored how to throw and hit into space, but also how to get into the right position to receive a ball. Children will look to apply these skills in games such as tennis and badminton.

Class 3 have explored Net/Wall games and Handball.

- Net/Wall – children developed skills which can be used in games such as tennis and badminton. They worked on hitting and throwing into space, their ready position and communicating when working in pairs.
- Handball – the class focused on their passing, receiving and shooting skills. They also demonstrated fantastic teamwork and communication throughout the games!

Class 4 have worked extremely hard throughout their lessons.

- Dance – we had great fun exploring the Haka with children focusing on their expression and timing! We also Incorporated canon and different dynamics within the dance!
- Tchoukball – a new game allowed children to transfer a range of skills from other games. The focus of the game is throw the ball against the rebound frame and make the ball hit the floor!
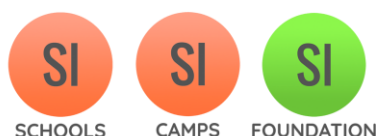
We finished off the term with a Y3/4 Netball game against Grewelthorpe. The children played the game in fantastic spirit!

Class 4 explored Tchoukball!

Dinosaurs used to help Inspire children during KS1 dance.

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